



# Catch and Release



Use a  
barbless  
hook



Release the big breeder fish

Fish cannot  
live after  
all day in  
a live well



A rounded  
hook is  
easier  
to remove



Fish on  
a string  
don't  
survive

Use proper  
long-nosed  
pliers



Keep fish  
in the water  
until your  
camera is  
ready



QR code  
for catch  
and release  
video